



The Twelve Lessons of Oneness

Message EIGHT Awakening to your Own Comfort

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Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
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Archangel Zadkiel shares through Master Lady Kira Raa:

Yes! Hello! Greetings! Beauty-full Ones. Indeed! IT IS... a great pleasure and honor to BE with YOU as WE ARE... indeed.

The expansion of ONENESS through the experience of ALLNESS, has called YOU...HERE... into this culminating energy of Divine Mastery Presence.



Re-cog-nizing the Merkabah As the living culminating energy of Divine Mastery presence, YOU...ARE... the Merkabah of ALL travel, light, and ALL understanding. This Merkabah is ignited within your own presence and is located at the head. Your head has carried the energy of this Merkabah for many, many eons.

The head IT-self has many geometries and energies, that open a fluid forward movement of the stream of Divine consciousness. Many are familiar with the golden pyramid that exists within, and it begins at your eyes.

Close your eyes and feel them as the base of a golden pyramid. The point of the pyramid emits from your eyes straight up through the forehead.

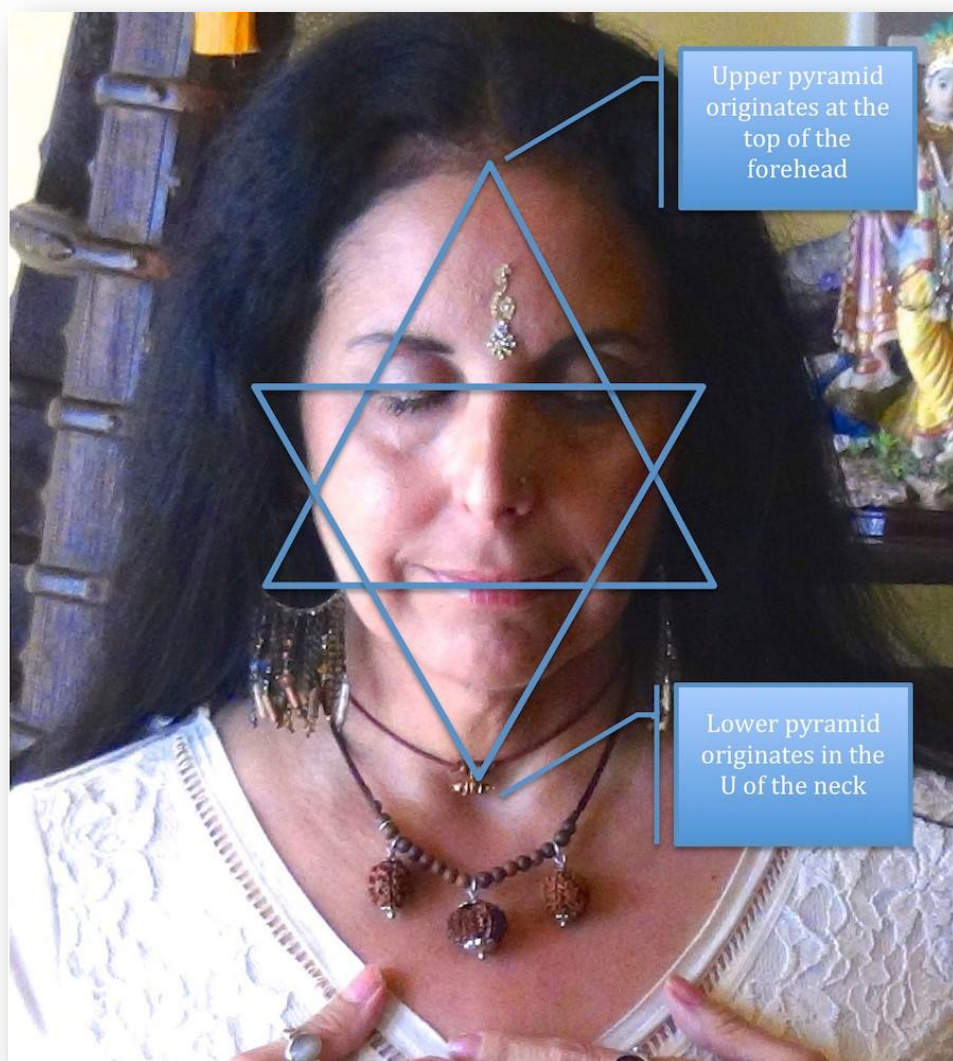
Discover this golden pyramid. This is where the Law of Instantaneous

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Manifestation becomes effort-less. Simply focus upon and utilize this Divine conjunction with an open heart of sincerity, love and presence.

BE-loved Ones, we offer this re-cog-nition. This is the upper pyramid of a Merkabah. As you gaze at a Merkabah, there is the top pyramid and the bottom pyramid, so to speak. And this Golden Ignition Pyramid the activator of the two pyramids. Let us explain with words that will assist you to create a diagram.



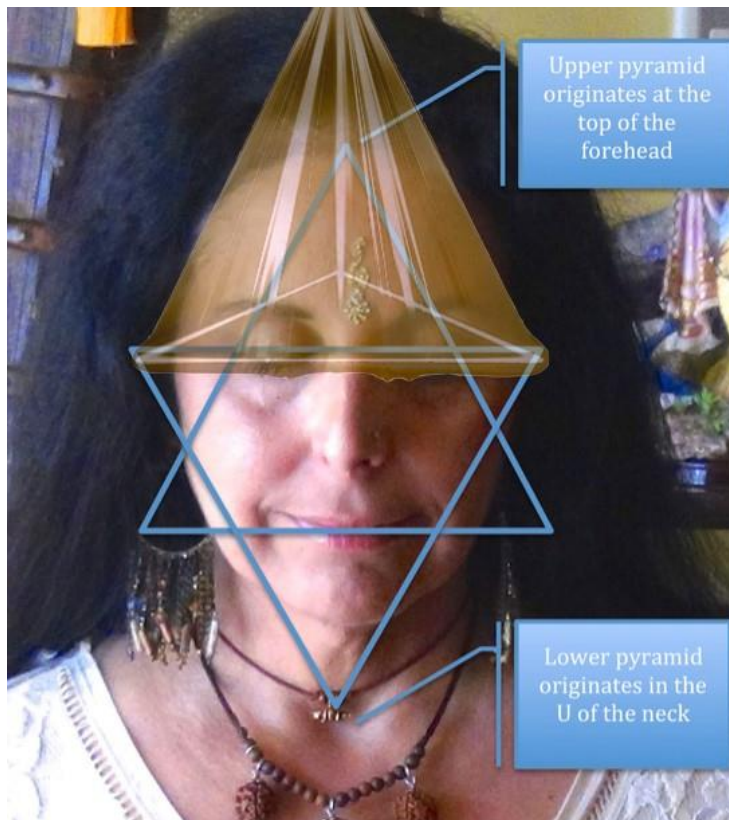
Begin with one large pyramid at what you would call the mouth. This is the base. Draw the base at the mouth and bring the pyramid up, straight through the eyes...the lines of the pyramid. So, beginning at your mouth, you would find the base and then the lines, the sides of the pyramid would come up, go through the eyes, and continue all the way up through the forehead.

Then! The second pyramid base comes through the eyes. Therefore, one pyramid base is at the mouth and one base is at the eyes.



From the base of the eyes, the sides of the pyramid point toward and end at the throat chakra. Your truth chakra.

Understand...this golden pyramid IS the pyramid of the many pyramids that are co-created as the two come together as the one!



The complete and total unification that ignites the flow of Mastery consciousness. The flow of Divine recognition that anchors the stabilizing energy of carrying the body of form, while being in the state of Divine Mastery Consciousness.

BE-loved Ones! Ignite YOUR Merkabah of Divine Illumination. And.. to fully stabilize this Merkabah, simply requires YOU to stabilize into your truth.

***Stabilize the throat.
In your world this a power-full,
stabilizing center. IT IS... beyond
the words spoken upon your world.***

***This is an opportunity to fully embrace your
Divine Mastery re-cognition without doubt.***

Calling in Divine Wisdom

IT IS... a power-full journey to practice calling in the Divine wisdom of the Merkabah. To understand how these energies flow in harmony with the body. As YOU first invite the anchoring of this presence, some experience vertigo or dizziness. As YOU open the



Divine Mastery
portal, that exists within this sacred geometric form, based upon pyramids of the sacred, golden ratio; IT IS... easy with your own face. Simply transpose this figure over it.

Find a lovely picture of your face, or stare into your mirror. With a magic marker, overlay the pyramids onto your face. Relax and witness the expression of this energy arise for thyself. And! If you feel dizzy, if you feel an opening or **any** movement of energy within the body...celebrate this Divine movement and presence of light.



The base of the Merkabah offers YOU Divine connection, travel, wisdom, and understanding, *while carrying the body of physical flesh!* The bottom point, as you would say, of the triangles that intersect, points directly to the central ascended heart of Divine love.

The central Ascended heart of Divine love is in the center of the chest. Beyond the love of the heart of the physical body, the central Ascended heart of Divine love emanates as a beacon of light as fuel for the Merkabah.

This heart energy is the fuel of the Divine lifting process to fully step into this energy, wisdom, and understanding of this cosmic connection of the universal Merkabah. This transcends ALL, what this wordly experience may call, faith, traditions, or whatever. IT IS... a cosmic energy of Divine co-creation that opens the portal of ALL understanding.

***Ask your heart, "Is there a piece within me that would resist understanding?
Is there a piece within me that would resist loving this much? Is there a piece within me that does not want to go beyond?"***

BE-Loved BE-ings! We offer the energy of what this wordily experience would call, the quantum field. We offer this as a gift to dance with as YOU open the Merkabah fully understanding the magnitude of this moment.



For each body, each structural form that YOU have chosen, each physical head that you see, as it is the one appendage you must have to stay on this planet, is it not? You can lose an arm or a leg. You cannot lose a head and stay in this body. IT IS... the one appendage you must keep.

As YOU... have this appendage, and gaze at its structural form of this appendage, notice where the eyes are in relationship to the mouth. Notice the frame and shape of the face. For each carries the unique soul signature of their Merkabah of Divine transcendence. IT IS... a power-full gift. IT IS... a power-full understanding.

The energy and support of this beautiful a-lion-ment, is available for YOU at any time; AND... to where do YOU wish to awaken?

Awakening to Your Comfort

BE-loved Ones! In this world experience, many awaken to a level of comfort to solely navigate a world of density. A level of presence that says, *"This makes it easier for me to be on this planet. This makes it easier for me to understand."*

Wonder-full! Understand that awakened understanding, is and of it-self, an "Inlightenment" and enlightenment?. BEing enlightened to your first awakened understanding of navigating this world.

To BE In-lightened... is to be filled with the presence of light at the experience of conscious awareness that serves your souls exploration of this world.

YOU ARE...here...as a great explorer. YOU ARE... here... for great and wondrous expansion of the soul. Some ask: *"Why would the soul need expansion?"* We offer this to you: It doesn't!

The mind of this world seeks the explanation of what the soul is, of why you are, and what it is to be in Allness as you reunify into Oneness. As you offer your-self this great gift, forward momentum, illumination and In-lightened experience, ask your-self, ***"Where am I comfortable, and who is the 'I' that is asking?"***



What is your level of comfort? What is comfort? This word, “comfort,” stops many from growing more than any other word. What is comfort? Ask your-self, *“What is it to be comfortable?”*

***Are you comfortable with your heart? Are you comfortable with your joy?
Are you comfortable with those that you are experiencing this life with? Are
you comfortable with your habits? Where is your comfort?***

IT IS... your comfort that is the greatest motivator! Discover what brings the comfort of whatever path you choose to embrace. Where are you comfortable? And then... BE PRESENT in your comfort. When you complain about your comfort, you are inviting your-self to grow! Celebrate!

If you are complaining about your comfort, YOU ARE... ready to expand into new energy, one way or another. Perhaps the new energy is to release the complaining of the level of comfort. What a gift!

Relaxing the Mind

IT IS... important to pay attention. BE-loved Ones, your comfort can only be stimulated from the truth of your Divine heart offering you support for the journey of a body in this world... now. The Merkabah of Divine light activates when you fully understand its presence. And! It can only be jettisoned by a heart that has fully illuminated with the recognition that your heart is now in Divine comfort. That YOU...ARE... comfortable living in your heart space instead of the mind space.

Now! The mind will fight and is a good fighter. Yes! It has much practice. Invite the mind to be comfortable relaxing! Fancy that! Inviting your mind to be comfortable relaxing. Invite it with the clarity of:

“Dearest mind, relax. Dearest heart, TAKE OVER!”



And! The heart will respond as it gazes at YOU, “Are you sure?” And YOU will say, “Yes!” Or, “No.” IT IS... okay. Simply BE clear. Within your clarity and illumination, within your understanding and connection with the flow of Divine consciousness, arising forward and bursting forth from your Merkabah of the face; this exists to assist ALL energies contained within the head of form to integrate rather than be separate.

YOU...ARE... moving forward in many ways. Beloved Ones! As YOU gaze at your own experience of this extra-ordinary world and those around you, notice where they live. Head or heart?

This is simple to discern and outside of judgment. IT IS... an observation. And! If you choose to truly observe, avoid consciously asking the question, as the mind will allways answer. As you would inquire of the brain, “Head or heart? Oh, heart, yes, yes, yes!”

Because the head will seek to remain in control and speak within; “Say heart.” Yes!

IT IS... very important to RELEASE the question and BE the answer. BE the awakened state. Every-ONE... IS awake! Fancy that! Everyone is awake. They are awake to the level of consciousness that brings them comfort.

Congratulations. Where is your comfort? Where do you wish to be awake to? Recognize that every BEing is awake to their level of comfort as they grow, expand and experience this world.

Activating the Merkabah

Using your two hands, we will show you how to activate this Merkabah if you choose to do so. Begin center finger of each hand and place the center finger of one hand on the center forehead, all the way near what you would call, “hairline.” With the center finger of the other hand place it at the base of the neck.

Close your eyes and feel these two points as the top and bottom of your Divine Merkabah. Feel your top finger with a base of the pyramid at your mouth. Feel your bottom finger with a base of the pyramid at your eyes. As you are comfortable, feel them spin. Breathe and BE Present.



BE-loved ONES, practice out-of-doors with a straight spine, standing, laying, or sitting, and consciously drawing the breath from the base of the spine up as golden streams of light. While doing this practice, those who have sought the siddhis in a balanced way, will discover this gift. Beautiful. YOU ARE... most beauty-full, indeed. Take a deep Avesa breath and relax. You may wish to bring the hands to the heart. The jettison fuel. Yes! YOU ARE... so beauty-full! We are loving you. Yes!

How do you feel?

This is a beauty-full gift to practice. As you add the tone of your soul to this precious gift, you will be able to activate this Merkabah without the two fingers. Simply breathe it forward. Feel the activation and call forth clarity, decisions, and greater awakeness. Discover greater comfort in everything.

Notice YOU... are comfortable any-where, any time, in any situation, with any one, in any way. Even if those around you say, "Oh, my goodness," YOU have the smile of Mastery peace. Your presence will free them to do the same.

Ignite the Merkabah as the flow of Divine consciousness, if you so choose. BE-loved Ones, KNOW that YOU...ARE... ignited to your mastery awaken-ness with each breath and each moment. BE-loved Angels of Divine Light, we celebrate this moment of your treasured energy. May it grow and continue to BE. And we will take your questions. Many hands, yes.

I've wanted to ask you a question ever since you went to Shasta with Sri & Kira, about the four energies that are coming in, that are lining up. People have spoken of the Eagle and the Condor, but I feel closer to the Symbol and the One Who Knows. Could you speak at all of how that...just speak of that?

Beloved One, yes. There are four very powerful energies in your world that will manifest in many names for many traditions. The traditions that are aligned with Gaia are the North, the South, the East, and the West.



Traditions that are aligned with other energies, have other words. The four energies that are aligning, we have offered as they are important to understand.

Your world is reconfiguring into an energetic pattern that is not complete. She is in the middle of the shift and alignment. As you are called to the Eagle and Condor energy, we encourage you to be present to your heart as to what that means for you.

Where does that energy guide you? Where does your heart bring you? For each, in the coming together of these four energies, is similar to the four original soul groups that are reunifying now.

Follow your heart energy wherever it is leading you.

KNOW that YOU...ARE... in the presence of your truth. Follow the presence of your truth as ALL is manifesting perfectly.

The home you seek will reveal it-self before you effort-lessly. You need not to ask; it will simply BE. Blessings, Dear One, and breathe, yes.

Be-loved Ones, we offer you this wondrous present, this gift of the Divine flow of consciousness. May you use those middle fingers wisely! Yes! May they be the ultimate salute! Yes! And so it is.

Beloved Angels, it is always a joy to breathe with you.

It is always a joy to smile with you, and it is a joy to see how beautiful you are. Many Blessings.