

Divine Illuminations

A series of timeless Ess-See-Nah Revelations

Message Eight "The Flow of Timelessness"

Delivered LIVE via worldwide web-cast from TOSA Ranch, NM, USA Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa June 26, 2010

The Ascended Masters of Lake Atitlan Speak:

Hello.

Time. We come today to speak to you about this perception, because this perception has become a hero and an enemy. It has become a friend and a warrior. It has become many different things, and we perhaps jump in to talk about time so quickly because, indeed, to be in time is to feel the essence of all your energies slip through your fingers.

Time creates the greatest illusion of all in your world beloved ones.

Many of your great books chronicle time. And, many of your own experiences you look at and chronicle according to time.

How much time did it take?
Is it my time?
Is it their time?
Is there enough time?
When is the time?

Time!

The Chronicling of Time

As we gaze at thee and as we gaze at thee and thee and thee, oftentimes you find what you would call a clock in your head. It chronicles all of your events and all of your movements.

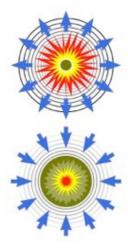


And in the chronicling of all time, there is the —we choose our word wisely here—the handcuff of time, because time can be like wearing a handcuff.

One cuff on your wrist, one cuff on the clock.

Now let us talk more about this for thee because it is imperative to recognize that there is not time as you choose to *experience* time. Imagine yourself as if you are in a rocket, a rocket with great fuel, a rocket that is able to move very quickly, a rocket that is able to sail beyond the dimensions of all space, a rocket that is able to implode and explode at the same time.

If you were to experience yourself imploding as you explode, you would find that there is a moment of stillness between the two. Between the implosion and between the explosion there is the moment of divine stillness.



And in the moment of divine stillness, it is as if all time has stopped. Can you imagine for yourself now frozen time as ALL time. Frozen time as ALL time.

Take in a breath, Beloved Ones.

The Gift of "Frozen" Time

Frozen time as ALL time. Frozen time as ALL time.

Fear comes from a belief in time.

Fear comes from the attachment to events that have occurred in a sequential period of time. Fear comes when one is frozen in A time without the recognition of ALL time...ALL time.

You ask why do we bring this to you today?

Why do we come straight in and say "time"?

Because Beloved Ones, you "time" has come.

You say, What does that mean? Perhaps I am confused. We offer to you this. There is a great sedentary motion that is slowing, slowing, slowing, slowing. And in the slowing of this motion, there will at first feel like a rapid propulsion as if you are being thrown against a wall in the experience of linear time in a world of density. It is because you have been traveling so quickly that when the universal motion around this slows down, if you are still racing like a rocket, then the wall becomes closer and you hit it that much faster. Do you understand?



And if you do not, it is okay, too, because understanding also steps into a time expansion experience.

Pay attention to your own past, present, future...as one experience, not separate experiences.

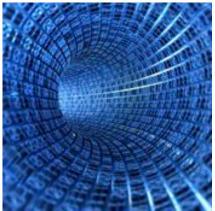
Fear and the Time Continuum

Perhaps a way that you can offer this to yourself is to literally allow yourself the gift of standing still, closing your eyes, breathing deeply and expelling through the breath all fear for the moment of the breath. And then you connect that to the next moment of the breath, and then you connect that to the next moment of the breath.

To be *fear-full* is to be *time-full* because fear only comes from that which you believe has hurt you or that which you are afraid will hurt you.

And, usually the fear of that which you feel will hurt you is founded upon the fear of what you feel has hurt you, and so you are limiting your own sense of divine being-ness.

In your planet now, there is the time continuum. We offer you this word. A time continuum is a self-perpetuating mechanism that seeks to perpetuate the energy of densification. To be in a time continuum and to jump into it, so to speak, as a stream of moving light, think of it as the ultimate people-mover. Jump into this people-mover and on it all you see is time clicking, and all events are monitored by the clicking of this time.



And as you jump into this time continuum, and as you are on this time continuum, what you discover is that you soon forget who you are because you are preoccupied by the experiences as they overlay with the clicking of the time event.



Is the Past Shaping our Future?

Often—often—events are remembered, called forth, or shared, based upon the time they are perceived to have happened. Many start sentences with, "I remember A time." Frozen moments of time. We enjoy the phrase "Past performance does not guarantee future performance," because this is true.

And yet, when one is aligned with time only, then the past performance predestines the future, and this is why it is your time.

You are in the moment of the opportunity for the expression of your energy to either have been determined by past performance or not. And we say this quite clearly. You are in the *moment of opportunity* because you have been at this precipice now for a while, and as you have been at this precipice, it is important for you to know that many have made choices based upon their past performance, and that these choices have already been made, these choices have already been anchored because it is, indeed, a fearful thing to expand versus to simply be.

To be in a moment of fear-full expansion is to bring forward past time into present experience thereby limiting the experience of the present, thereby confirming a future based on a past. Is this what you want?

We do not offer you any suggestion. We simply invite you to look at the question. There is much happening in the infinite realm of expanded energy that exists beyond the comprehension of time in a brain that is limited inside a body with a skull and flesh and bones. So we wish to offer for you today an attunement, an attunement that can take you outside of time, because in order to be, in the, flow of universal experience, you must be outside of time. And yet you can stay in time certainly and enjoy the gift of time, for time is a gift and time is a tool. Time is a tool. Like the egoic filters or the egoic presences, it is a tool.





Time and Everlasting Life

Beloved Angels of the divine expression of all that has ever been, your limitless DNA has been limited by time. This was, so to speak, the magic pill that was not swallowed when, in your Adamic traditions, you left the, "Garden of Eden."

Prior to the leaving of the garden there was everlasting life.

There was the understanding of life that was without a time frame.

This is the misperception of everlasting life!



To a mind of density, anything that is outside of linear time must be everlasting because infinite is all that can be comprehended while you are in this perception gazing out.

And so the key is to recognize that within the understanding, within the recognition, with the gift of expanding into your limitless being-ness, there must be an opportunity to step into this without having to bring a linear time frame to this.

And for this we seek to offer you this gift today.

This is a gift that anchors with itself quite beautifully when you step in through the fifth dimensional portals. As you learn and as you harness the energy of being able to walk through the diamond portals into the fifth dimensional energies¹, you begin, very effortlessly, to let go of a time continuum.

¹ This is a direct reference to Divine Illuminations Lesson Six

Many of those of you who have already stepped through this beautiful diamond portal into fifth dimensional experience are experiencing this, so to speak, time warp experience. It is where you step into a field of timelessness, have great experience, and then come back into body and perhaps notice: *My goodness. It seemed like a minute, but I was gone, so to speak, an hour.*

These are time warp overlaps.

Many of you are already experiencing these in many different ways. For example, *what happened to this day*, is a common phrase because you wake up and you are busified², and then you realize the day is gone.

These are opportunities for you to step out of time continuums because you are not gazing at the time continuum. Yet, you are called back into the time continuum by the startlization or the startling recognition of, *What has happened to my day; what has happened to the time?*

It is the question of what has happened that limits the expanded experience. So perhaps it is an opportunity to flow with this experience.

Standing in the Experience of Time To stand in the experience of time is to recognize your timelessness.

To stand outside the experience of time is to have greater love and appreciation for the experience you have had within time.

To step back and activate the genetic code that is deep within all beings that offers to you the gift of being able to step outside of this *time perception* is the one that will lift you through all perceptions that wish to give you fear, that wish to give you the perceptions of limitation.

Do you ever feel limited in your life?

Do you ever feel that you don't have enough time?

Do you ever feel that you can't do or should not do or are limited to do?

These free-floating energies have been given all around to your world in a planetary thought body thereby imposing greater time restrictions at a moment of this universal stillness.

² Word created to suggest a busy schedule or pre-occupation

This is why you will feel as if you are slamming into the world more often unless you are able to implode while you explode and find the moment of stillness.

The Timelessness Attunement

So we wish to offer to you this gift today, and we invite you to simply relax. If you are able to lay down, lay down, and if you are not able to lay down, then deeply relax in your chair or your couch or wherever you may be. And as you relax deeply, begin by visualizing before thee now what you would call a clock.

You begin by seeing the clock, and it is whatever beautiful clock you wish to put before you. It does not matter the design. Just put the clock before you. And as you visualize the clock before you, notice that the number at the top is simply fading away.

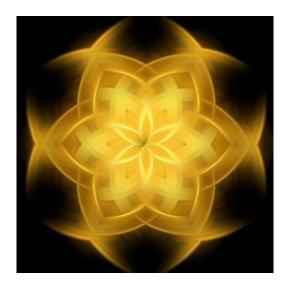
There is no more 12. It's just fading. No need to know where. Just fading. Gazing at the 1, you notice it has already faded. The $2 \dots$ the $3 \dots$ the $4 \dots$ the $5 \dots 6 \dots 7 \dots 8 \dots 9 \dots 10 \dots 11$.

See the portal that has created before your now where the clock has been. Feel the light that is emanating from this portal streaming towards you, and the light that you are streaming toward it...it is one beam of light. You may feel a heavy energy as if you cannot move. You may feel ignited. Just be. Breathe again.



Feel within your body now. Deep within your body there is a golden marker that has been hidden within you. As you stay connected with this portal you will discover where it is. For each of you it is in a different place. And each time you re-visit this, it may be in another place.

Call to this marker now, ask it to reveal itself.



As you discover it, breathe it up and send it to the center of this portal.

You are ready to stay in the limitless garden. You are ready to ignite your limitless expansion.

You are timeless even in the perception of a world of time.

The ignition of this divine luminescent energy will stabilize your experience, clarify your mind, and offer you the gift of that moment of stillness.

Take in a breath.

And when you can, and as you do, you can always continue this practice into deep moments of divine and limitless experience without worrying about time, without knowing time, because *you are time-less.*

When you are able to understand your timelessness fear cannot exist within you. It is a great key for navigating this moment. This is why we share this with you. For you already know this and it is our joy to ignite this memory again.

Take a breath.

We are holding a presence for you of great timelessness. And in the great presence of timelessness, sometimes when you touch it we wish for you to know that your physical body might feel very, very heavy, as if it is a granite stone or a cement brick because in this moment the body is searching for the soul to lift it, it is just the body.

Take a breath.

Practice this attunement often, for the greatest gift you can offer to yourself now and to those around you is to navigate time without being bound by time.

You are on a planet where navigating time is part of your experience.

To be Bound by time is to also bind yourself to the planetary thought body which is creating A future based upon A past.

This does not have to be and yet it can be.

Take a breath. We are complete. You are timeless. You are timeless.

Introducing the Ascended Masters of Lake Atitlan

Today you wish to know who we were. Who we are. We are; many call us...we wish to offer you our true name. Many call us Ascended Masters, and our energy exists now in the abode in the sacred lake that is in the heart of your Americas known as the Atitlan.

This is the first time we have had the time in timelessness to speak as a collective group. And you can call us Iyyah. Iyyah. It is our collective name. It is the name that is outside of the time that was added to your world. In your world you call us Ascended Masters

and individually name our energy.

Yet it is simply called Iyyah.

We are there, as you are here, outside the boundaries of time and outside the boundaries of mind.

Iyyah. We are Here.

Iyyah. You are here.

Iyyah. Come swim with us in the limitless ocean of the divine eternity that you are.



